

Name: \_\_\_\_\_

Hour: \_\_\_\_\_

# HOME COOKING ASSIGNMENT

**DUE ON OR BEFORE:** \_\_\_\_\_

This assignment will allow you more learning experiences outside of our class. The purpose of this assignment is to get your inside a grocery store, enable you to become a cost-wise consumer, and to encourage you to explore cooking beyond our Food Labs.

You are to cook 3 different things at home. Each item requires following a recipe of at least four steps. All recipes must be from scratch – no box brownies, mac n’ cheese, cake mixes, box meals, etc. unless part of a larger recipe.

**For each item prepared, you must attach the following:**

1. Hand written copy of the recipe.
2. Grocery receipt with items needed circled with pen  
(Write items already in home pantry at bottom of receipt. Ex. flour, sugar, milk, etc.)
3. Two food reviews from parents, relatives, siblings, or friends visiting your home. Your selected critics must describe the item, include good comments, and include helpful suggestions for the chef. These food reviews must be signed, dated. Also, you are to write a 2 paragraph (10 sentences total) self-evaluation of your experiences and your product outcome. Be honest in your evaluation—if you make a mistake, share with me what you learned from it! This is an assignment to enjoy!

**REMEMBER: PART OF THE PROCESS OF COOKING IS CLEAN-UP! BE SURE YOU FINISH THE JOB!**

Assignment Item #	Date Prepared	Recipe Prepared	Food Critic 1	Food Critic 2
<b>1</b>				
<b>2</b>				
<b>3</b>				

\_\_\_\_\_  
Parent/ Guardian Signature

\_\_\_\_\_  
Date

